

PATIENT INSTRUCTIONS FOR ULTRASOUNDS

- **Abdominal:** Nothing to eat or drink after midnight the night before.
 - **Abdominal with ejection fraction:** Nothing to eat or drink after midnight the night before. (See note below)
 - **Abdominal and Pelvic:** Nothing to eat after midnight the night before. **Drink 1.5 quarts of water and have down one hour before your appointment time. DO NOT VOID.** Come to your appointment with a full bladder.
 - **Abdominal and Renal:** Nothing to eat after midnight the night before. **Drink 3 large glasses of water and have down one hour before your appointment. DO NOT VOID.** Come to your appointment with a full bladder.
 - **Pelvis:** **Drink 1.5 quarts of water and have down one hour before your appointment time. DO NOT VOID.** Come to your appointment with a full bladder.
 - **Renal:** Nothing to eat 4 hours prior to exam. Drink 3 large glasses of water and have down 1 hour before appointment. **DO NOT VOID.**
- ❖ **Note: Some abdominal ultrasounds require the use of an IV injection of CCK. It is an enzyme that is used to test the function of the gallbladder.**

Your procedure is at:

- **Utah Digestive Health Institute (Located in the same suite as Advance Research Inst. #101):** 6028 South Ridgeline Drive, Suite 101 thru the main doors and to the right.
- **McKay Dee Hospital:** 4401 S. Harrison Blvd. Main entrance, check in at outpatient admitting (801-387-2800). It is McKay policy that your ride is there with you at check in and they need to stay the whole time you are there.
- **Ogden Regional Medical Center:** 5405 S. 500 E. South Ogden. Main entrance, check in at outpatient admitting. (801-479-2111)
- **Mountain Medical Imaging:** 1486 E. Skyline Dr. Main entrance and check in. (801-475-4552)
- **Utah Imaging:** 5322 S. 400 W. South Ogden (801-475-0800). Main entrance and check in.
- **Davis Hospital Medical Center:** 1600 W. Antelope Dr. Layton. Main entrance, check in at outpatient admitting. (801-807-1000)

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