



## EGD, ERCP and Liver Biopsy Preparation Instructions

### FIVE DAYS BEFORE EXAMINATION

Discontinue any medication that contains aspirin. (Ibuprofen, Anacin, Excedrin, Alka Seltzer, etc.) If you are on a blood thinner, you must have a CBC and PT blood test, 3 days prior to your liver biopsy. This should be done at the facility where you will have the procedure.

**If you are on a blood thinner such as Coumadin or Plavix, or have had heart valve replacement, Please notify your gastroenterologist one week prior to your procedure.**

**EGD PATIENTS ON BLOOD THINNERS:** If you are taking a blood thinning medication such as Coumadin or Plavix, call your primary care doctor and ask whether you can **stop** taking it three (3) days prior to your procedure. Remember – obtain approval from your primary care doctor before discontinuing blood thinners.

### GENERAL GUIDELINES FOR YOUR PROCEDURE

**DAY OF EXAM:** You may continue drinking water up to four (4) hours prior to your exam but you MUST NOT take anything by mouth after that. Remember, NO SOLID FOODS. BRING a list of any prescription and over-the-counter medications you are taking. Arrive (see facility location below) BEFORE your appointment and BRING your completed Patient History form with you. YOU WILL BE SEDATED during your procedure so SOMEONE MUST be available to drive you home. **You may not drive for 12 hrs.** If you plan to ride the bus, use “The Ride,” or take a taxi, YOU MUST have a responsible person over the age of 16 accompany you home.

- If you are having a Liver Biopsy, you will have a 3-4 hour recovery time. You will also need to maintain bed rest for the remainder of the day.
- A discharge instruction sheet will be provided immediately following your procedure. Please keep in mind that it takes at least ten days to get biopsy or pathology reports back to our office. You will be notified of the results by a follow-up appointment, letter or phone call.

### YOUR PROCEDURE IS AT:

- ❑ **Ridgeline Endoscopy Center:** located at 6028 S Ridgeline Dr. Suite 100 – Main Door, through stained glass doors. Arrive 20 minutes before.
- ❑ **McKay-Dee Hospital:** Take main elevator to 2<sup>nd</sup> floor, turn left down hall to Suite 2670, Endoscopy Lab. Arrive 45 minutes before.
- ❑ **Ogden Regional Medical Center:** Go to admitting at the Main Entrance. Arrive 40 minutes before.
- ❑ **Davis Hospital Medical Center:** Enter through Door in front, west side of bldg. Door is marked GI Entrance. Arrive 40 minutes before.