

ERCP & LIVER BIOPSY PREPARATION INSTRUCTIONS

- ◆ You will not know your arrival/check-in time until 1-2 days prior to your scheduled procedure date. Please make sure that your voicemail box is set up & that it isn't full. Please make sure you check your messages so that you don't miss important information.
- ◆ You must have a responsible person 18 years or older to escort you to and from the facility.

3 DAYS PRIOR TO YOUR PROCEDURE (All Patients)- Discontinue any blood thinning medications

- Aspirin, Motrin, Ibuprofen, Diclofenac, Mobic, Excedrin, Aleve, etc. should be discontinued.
- Tylenol products are not restricted.
- If you are on Coumadin, Plavix, Eliquis, Pradaxa, Xarelto, Savaysa, Prasugrel, Brilinta, Cilostazol, Aggrenox etc. prescribed by a physician, you ***MUST call the prescribing physician*** to ensure it is safe to discontinue prior to your procedure and follow their instructions.

LIVER BIOPSY Patients Only: WE WILL NOT BE ABLE TO DO THE PROCEDURE IF WE DO NOT HAVE RESULTS FROM A RECENT ABDOMINAL ULTRASOUND OR ABDOMINAL CT SCAN. MAKE SURE THAT WE HAVE YOUR RESULTS AT LEAST 3 DAYS BEFORE YOUR PROCEDURE SO THAT WE DON'T HAVE TO CANCEL & RESCHEDULE YOUR APPOINTMENT.

DAY OF EXAM (All Patients)

- Nothing to eat after midnight the night before your procedure. ***Note:** if your arrival time is not until after 1 pm, you can have food up until 8 hrs prior to that time.* You may continue clear liquids until 3 hours prior to your arrival time. You **MUST NOT** take anything by mouth after that.
- Come with someone (18 yrs or older) to drive you home.
- Make sure to arrive at your assigned time.

TRANSPORTATION

To ensure your comfort, IV sedation is given for this exam. You must have a responsible companion, family member, or friend 18 years of age or older to escort you to and from the facility and stay with you for several hours after your procedure. You MAY NOT go home alone in a taxi, shuttle van, or bus as these drivers will not be responsible for you. If you receive the IV sedation, you MAY NOT DRIVE until the following day.

HEALTH CONCERNS

- **Diabetic Patients:** please contact your primary doctor for diet and medication instructions and ensure Utah Digestive Health is aware so we can adjust your procedure time accordingly. Test your blood sugar before coming in for your procedure & bring the reading with you.
- **All other medications:** You can take blood pressure and seizure medications the day of your exam with water. DO NOT take your other regular medications the morning of your procedure unless you have okay'd it with your physician.

If you have questions concerning your prep instructions, you can reach out to our office at Ph# 801-776-7131. Or **text** your specific provider's medical assistant at the follow #: Dr Poole #385-888-7781 or Dr Redd # 385-4792-6633.

For after-hours questions, you will need to call # 801-625-3170 & speak to the on-call provider.